

Better Bodies Health and Fitness
412 S. Mitchell St.
Cadillac, MI 49601
231 775-3300

Monday thru Thursday	7am-9pm
Friday	7am-8pm
Saturday	9am-3pm
Sunday	10am-2pm

What Better Bodies offers:

- **A full line of American Body Builder (ABB) drinks & supplements**
- **Cardio equipment**
- **Weight lifting**
- **Tanning**
- **Locker rooms and showers**
- **One on one attention to each member**
- **Aerobics**

**Rates: \$175 for state
employees upon showing
employee ID card.**
**** Family packages will be
negotiable on request.**